

EXPERIENCE IN THE USE OF IR LASERS IN THE TREATMENT OF SKIN HEMANGIOMAS

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The purpose of the study is to evaluate the effectiveness of treatment of skin hemangiomas using infrared emitters and lasers.

Material and methods: The results of treatment of 106 patients with skin hemangiomas were analyzed. The age of the patients varied greatly from a few months after birth to 21 years old. Hemangiomas were much more common in girls (69.44%) than in boys. The most frequent localization of hemangioma was in the facial region – 61.14%. In 11.1% of cases, hemangiomas were of a combined nature. The diagnosis of hemangiomas was established according to the international classification of hemangioma (ISSVA 2001). The results of treatment were evaluated by photo documentation of the macro-picture of the hemangioma, quantitative colorimetry, ultrasound of the skin.

Results: AIG-neodymium and CO-2 lasers were used to remove hypertrophic cavernous hemangiomas, and an IPL installation was used to remove capillary surface

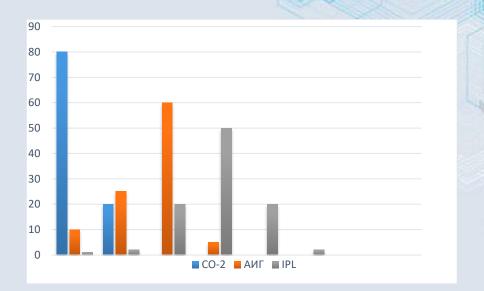


Figure 1. The number of treatment sessions using high-energy infrared radiation

Table 1



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Results of treatment of hemangiomas with infrared lasers

Survey data	CO-2 laser	AIG-neodymium	IPL
The scar	60%	80%	25%
Hyperpigmentation	40%	20%	38%
Skin atrophy	30%	17%	8%
Residual	10%	15%	40%
hemangioma	• [
Necrosis	7%	20%	5%
Infection	2%	8%	

Complications included scarring of the skin (25-60%), scab appearance (100%), infection (2-8%), hyperpigmentation (20-40%). The complications that arose did not require a special treatment method or hospitalization. Hyperpigmentation was temporary and skin color returned to normal within 6 months-1 year.

The greatest skin changes developed after AIG laser exposure, the best cosmetic effect was achieved when using an IPL pulsed light-emitting installation, however, the latter is less effective in removing skin hemangiomas.

Conclusions:

- 1. Capillary flat hemangiomas of the skin occur both as a primary pathology and as a result of untreated residual forms.
- 2. High-energy infrared lasers are highly effective in the treatment of hemangiomas, however, they are accompanied by scarring of the skin of varying severity.

Refereces

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- 2. Tsibranska S, Ivanova A, Tcholakova S and Denkov N (2017) Self-Assembly of Escin Molecules at the Air-Water Interface as Studied by Molecular Dynamics. *Langmuir* 33:8330-8341.