

### DENTAL DISEASES AND DAMAGE FROM THEM

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### **ANNOTATION**

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Gums are the basis for teeth. Like trees with roots in the ground, the gums grow. Keeping your gums in good shape is very important for the health of not only the oral cavity, but the entire body. In fact, dental care is just as important as dental care. This article will talk about how to identify gum disease by symptoms and whether or not you should visit a dentist or dentist.

Intra-bracket disease

First, with the appearance of gum disease, braces are not fixed - first of all, complex processing is carried out so that wearing the construction does not create additional load on them.

Often a person notices that after installing the brackets, his gums begin to swell and bleed. This may be because oral hygiene is not carefully enough - braces make brushing your teeth difficult or because of unsuccessful application. In any case, after the first symptoms, a doctor should be consulted to determine the cause.

The same problem often arises after removing them - the gums fade slightly, inevitably plaque accumulates under the braces. This condition also requires treatment by a dentist. However, when bringing Ronstadt, it is necessary to visit the doctor more often, he will have time to see the approaching problem and prevent the development of the disease. Thus, any stage of gum disease is a very rare phenomenon.



In this case, it is only an auxiliary tool, it does not solve the problem itself. Traditional medicine offers a variety of tinctures and decoctions for rinsing - torli, chamomile, oak bark. The application for inflamed gums is made from these infusions.

The name is derived from Latin Gingiva, meaning gum. It is familiar to almost everyone-with it, the tissues around a particular tooth are inflamed with a point of view. The gums turn red and swell.

Can be in acute or chronic form. There are also several types of gingivitis.

atrophic, in which the gums begin to decrease, its volume and Mass become smaller, the interdental papilla disappears, and the roots of the teeth open. With this form, there are practically no inflammatory phenomena.

catarrhal - the most common

The acute form is accompanied by pronounced symptoms, develops rapidly, the gums bleed hard, become painful, swollen and red.

chronic form-all symptoms are poorly expressed, they have fallen into a lethargic state, sometimes they are almost imperceptible. But if you do not deal with it, the disease will turn into periodontitis.

necrotic scar

hypertrophic-in it, the gums enlarge, become inflamed and bleed.

Each of these types of disease does not affect the tissue of the tooth, does not destroy it, so it is easy for the patient to cope with the disease, but it is impossible to delay treatment, otherwise it will become more complicated.

Gingivitis is a latent disease that affects people of all ages. Even children under one year old get sick.

There are few reasons for its appearance. Low immunity, serious illness, autoimmune conditions metabolic disorders, endocrine pathologies smoking, including hookahs and e-cigarettes caries hormonal pathologies, menopause, other changes in this area mechanical damage to the mucous membrane, including improperly performed prostheses.

Sometimes the cause of such gingivitis becomes a state of prolonged stress.



Catarrhal gingivitis

The most common on the planet, most people suffer from it, in which superficial periodontal tissues become inflamed.

This occurs due to various external factors. Most often it affects people during hormonal changes in the body - adolescents, pregnant women, menopause.

This can be caused by poorly installed prostheses.

There are two forms of the disease.

limited-it affects individual teeth

generalized - with this, for no apparent reason, the volume of the gums decreases, the roots open, the interdental space becomes larger.

First, the gums begin to bleed, a little. Then they turn into a little more color than usual. This is the stage when you need to urgently consult a dentist - otherwise the gums will turn into periodontal disease.

Even with such symptoms, this problem can be suspected - a soft coating appears on the teeth, the tooth swells. Reddish lines appear at the base of the tooth. Teeth become sensitive to temperature and spicy, spicy food, they do not want to touch anything.

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